

## My List of Characteristics

In preparation for the creation of your self-portrait,  
I want you to begin thinking about yourself and your characteristics.  
What is it that makes you who you are?

Make a list of 10 physical characteristics.

Meaning, describe how you look.

For example: red hair, good looking, large nose, high cheekbones, tall, etc.

Then make a second list of 10 personality characteristics.

Meaning, describe your personality.

For Example: Fun, lazy, joyful, sad, kind, quiet, loud, angry, smart, artistic, etc.

Physical Characteristics

Personality Characteristics

1.

1.

2.

2.

3.

3.

4.

4.

5.

5.

6.

6.

7.

7.

8.

8.

9.

9.

10.

10.